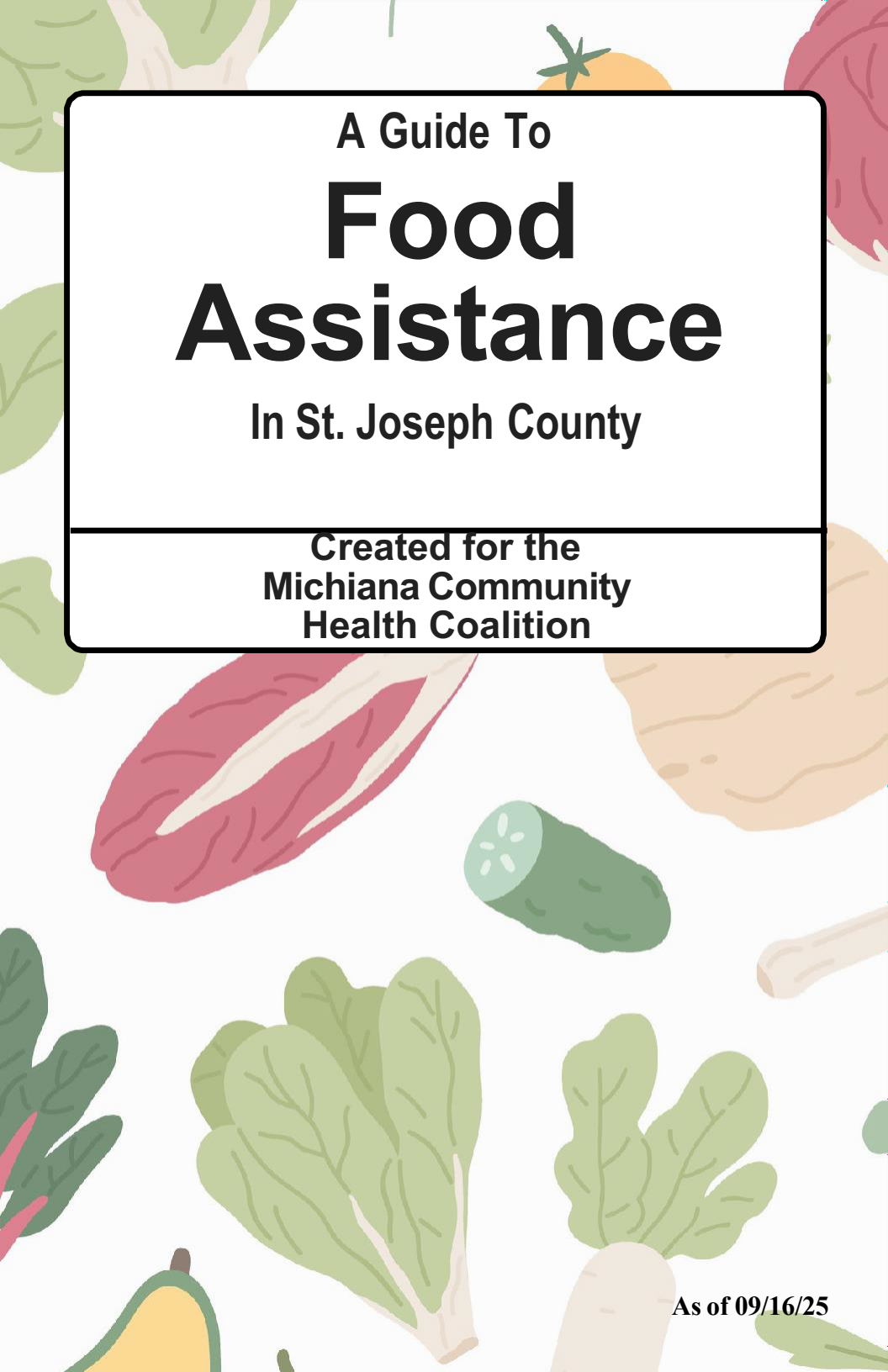


The background of the entire page is a collage of stylized, flat-colored illustrations of various vegetables. These include green leafy vegetables like lettuce and spinach, a red bell pepper, a green cucumber, a yellow bell pepper, a purple eggplant, and a green tomato. The vegetables are scattered across the page, with some partially cut off by the edges.

A Guide To Food Assistance

In St. Joseph County

**Created for the
Michiana Community
Health Coalition**

As of 09/16/25

Welcome!

The goal of this booklet is to bring together all the food assistance resources located in St. Joseph County. The latest information and requirements for all listed resources can be found in this booklet. Additional resources can be found on the MCHC website: mchc.nd.edu.

Included in this guide are:

- **Programs Requiring Enrollment:** These assistance programs are funded by the federal or state government, thus having more requirements and a formal enrollment process. It can take time to see the benefits of these programs due to the enrollment processes, but the programs offer regularly scheduled assistance that can be very helpful for a household.
- **Senior Resources:** There is an abundance of programs geared towards seniors living in St. Joseph County. These programs are often designed specifically for the nutritional needs of seniors and many offer socialization opportunities.
- **Women and Children Resources:** There are several programs and organizations active in St. Joseph County that are designed to meet the food needs of pregnant women, mothers, and their children. Options range from government-run programs that require enrollment to backpack programs that support children at our local schools.
- **Immediate Food Assistance:** This booklet compiles known food pantries, soup kitchens, and other immediate options for food assistance in the area.
- **Get Involved:** There are instructions on how to volunteer as well as additional organizations that are continuously in need of volunteers.

Table of Contents

Programs Requiring Enrollment

Supplemental Nutrition Assistance Program (SNAP)	pg.3
Temporary Assistance for Needy Families (TANF)	pg.4

Senior Resources

Commodity Supplemental Food Program (CSFP)	pg.5
Senior Lunch Sites by Real Services	pg.6
Meals on Wheels by Real Services	pg.7
Senior Farmers Market Nutrition Program (SFMNP)	pg.7
Senior Nutrition Program at Food Bank of Northern Indiana	pg.8
Food Pantry Delivery	pg.8

Women and Children Resources

Women, Infants, and Children Program (WIC)	pg.9
WIC Farmers Market Nutrition Program (WIC FMNP)	pg.10
St. Margaret's House	pg.10
School Backpack Programs	pg.11

Immediate Food Assistance

Local Food Pantries	pg.12-14
Local Soup Kitchens and Meal Locations	pg.15
Unity Gardens	pg.16-pg.17
Other Resources	pg.18

Get Involved

Volunteer Opportunities	pg.19
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Supplemental Nutrition Assistance Program (SNAP)

What is SNAP?

- SNAP is a program that provides additional funds for purchasing food through a Hoosier Works EBT card that is loaded with money each month.
- Money on the EBT card be used at grocery stores, convenience stores, and some online stores. Vendors will display "EBT Accepted Here" signage.

What are the requirements for SNAP?

- Non-financial requirements include Indiana residency, U.S. citizenship, and registration and compliance with the IMPACT job training program if unemployed.
 - Some non-citizens can be enrolled in SNAP; contact offices listed below to see if you qualify.
- Assets that do not include household goods, personal belongings, and home or land value must total under \$5,000. Financial accounts, cash, and other property count.
- Income limits apply based on the number in the household:
 - Gross Income is total income before any taxes or deductions.
 - Net Income is Gross Income after housing costs, court ordered child support payments, childcare or dependent care payments, certain self-employment expenses, and monthly medical expenses over \$35 for the elderly and those with disabilities.
- Generally, both income requirements must be met.

Number in Household	Monthly Gross Income Limit	Monthly Net Income Limit
1	\$1,632	\$1,255
2	\$2,215	\$1,704
3	\$2,798	\$2,152
4	\$3,380	\$2,600
5	\$3,963	\$3,049
6	\$4,546	\$3,497
7	\$5,129	\$3,945
8	\$5,712	\$4,394
Every Additional	+ \$583	+ \$449

How can I sign up for SNAP?

- SNAP can be enrolled through the FSSA website: <https://fssabenefits.in.gov/bp/#/> or in person at either the South Bend or Mishawaka FSSA Division of Family Resource Offices:
 - South Bend:
 - 3575 Moreau Court, Suite 300 South Bend, IN 46617-2737
 - Mishawaka:
 - 102 N. Center St., Suite 500 Mishawaka, IN 46544-1232
 - Contact for questions or eligibility: (800) 403-0864 for both locations



Temporary Assistance for Needy Families (TANF)

What is TANF?

- TANF is a program that provides additional financial assistance for low- or no-income families with children through a Hoosier Works EBT card that is loaded with money each month.
- Money on the EBT card be used at any vendor with an "EBT Accepted Here" signage displayed.
- TANF offers access to more vendors than SNAP alone.
- The program is intended to be temporary with work requirements built in as well as enrollment limits of 24 months for adults and 60 months for children.

What are the requirements for TANF?

- TANF is intended for families with children under the age of 18 who meet income limits.
- The combined assets of the family receiving TANF must not exceed \$1,000 at the time of application, excluding the value of the home or residence.
- The combined income of the group receiving TANF must meet the limits provided in the adjacent table.
- For appropriate adults who are currently unemployed, there is a requirement to sign up with the Indiana IMPACT work program. More details are provided at the time of application.

Number in Household	Monthly Gross Income Limit	Monthly Net Income Limit
1	\$286.75	\$248
2	\$471.75	\$409
3	\$592.00	\$513
4	\$712.25	\$617
5	\$832.50	\$721
6	\$952.75	\$825
7	\$1,073.00	\$929
8	\$1,193.25	\$1,033
9	\$1,313.50	\$1,137
10	\$1,433.75	\$1,241
Every Additional	+ \$120.25	+ \$104

How can I sign up for TANF?

- TANF can be enrolled through the FSSA website: <https://fssabenefits.in.gov/bp/#/> or in person at either the South Bend or Mishawaka FSSA Division of Family Resource Offices:
 - South Bend:
 - 3575 Moreau Court, Suite 300 South Bend, IN 46617-2737
 - Mishawaka:
 - 102 N. Center St., Suite 500 Mishawaka, IN 46544-1232
 - Contact for questions or eligibility: (800) 403-0864 for both locations



Commodity Supplemental Food Program (CSFP)

What is CSFP?

- CSFP is a program designed for senior citizens over 60 years or older who meet certain income limits to receive a monthly box of supplemental food commodities.
- The program specifically aims to fulfil the nutritional requirements needed most by seniors.
- CSFP for St. Joseph County is organized and distributed through the Food Bank of Northern Indiana located in South Bend.
- Food can be picked up once a month at the Food Bank of Northern Indiana (FBNI) by the CSFP recipient or have a predetermined proxy pick it up for them.

What are the requirements for CSFP?

- To be eligible for CSFP, you must meet the following requirements:
 - 60 years or older and a resident of St. Joseph County. (La Porte, Marshall, and Elkhart counties are also served by CSFP through FBNI).
 - Gross income meets the income limits in the adjacent table.
 - Income is for all members of a household and does not include SNAP benefits.

Sign Up and Distribution

- To sign up for CSFP, call or visit the Food Bank of Northern Indiana to set up a CSFP certification appointment.
- At your appointment, you will need a photo ID with proof of identification and residence as well as approximate knowledge of all household members' incomes.
- If having a proxy pick up the monthly box, they must attend the certification appointment with you.
- Certification lasts for one year but if food is not picked up for two months in a row, you will be unenrolled.

Food Bank of Northern Indiana Location and Contact Information:

- Contact: Brandy Love, blove@feedindiana.org
- Address: 702 S. Chapin St, South Bend, IN 46601
- Phone: (574) 232-9986 ext. 137
- Website: <https://feedindiana.org/programs/commodity-supplemental-food-program-csfp>

Number in Household	Monthly Gross Income Limit	Annual Gross Income Limit
1	\$1,957	\$23,475
2	\$2,644	\$31,725
3	\$3,332	\$39,975
4	\$4,019	\$48,225
5	\$4,707	\$56,475
6	\$5,394	\$64,725
7	\$6,082	\$72,975
8	\$6,769	\$81,225
Every Additional	+ \$688	+ \$8,250

Senior Lunch Sites Provided by Real Services

Program Overview

- Officially known as the Congregate Meal Program, Real Services offers a hot lunch and socialization at numerous locations in the area Monday through Friday for seniors.
- The program aims to provide a warm and nutritious meal for individuals over the age of 60. Menus are published each month on the Real Services website.
- Meals are prepared each weekday by Real Services and are distributed to every meal location for serving.
- To receive a meal, simply call the nearest meal location and reserve a spot. Your first time attending will involve a simple application that helps them with federal funding.
- There are no income requirements or identification requirements.
- There are opportunities for social activities, community building, and information on other social services available at each site.
- The meals are free, but there is a suggested donation of \$4.25, if able.

Nutrition Office Contact Information

- Phone: 574-284-7168
- Email: nutrition@realservices.org
- Nutrition Manager: Jarena Baker, jarena.baker@realservices.org

Real Services Contact Information

- Address: 1151 S Michigan St, South Bend, IN 46601
- Contact: (574) 233-8205
- Website: <https://realservices.org/meals-and-nutrition/senior-nutrition-sites/>
- The table below shows locations in St. Joseph County. Visit the Real Services website to see locations in nearby counties.



Name of Location	Location Address	Phone Number to Reserve
Battell Community Center	904 N. Main St., Mishawaka	(574) 256-2325
100 Center High Rise Apartments	100 N. Center St., Mishawaka	(574) 259-1611
1Roof Southeast Neighborhood Center	405 E. Dubail Ave, South Bend	(574) 381-8981
Charles Black Community Center	3419 W. Washington, South Bend	(574) 229-5911
Fairington Apartments of South Bend	1220 Fairington Circle, South Bend	(574) 291-5597
Heritage Place at LaSalle Square Apartments	3224 Ardmore Trail, South Bend	(574) 286-0916
Karl King Riverbend Tower	515 E. Monroe St., South Bend	(574) 232-4934
Sanctuary Trinity Tower	316 S. Martin Luther King Jr. Blvd., South Bend	(574) 234-7278
The Legion	302 Legion Drive, Walkerton	(574) 334-1047
Shepherd's Heart Fellowship	58362 Beech Road, Osceola	(574) 674-6503

Meals on Wheels Provided by Real Services

Program Overview

- Meals on Wheels is the mobile counterpart to the Senior Lunch Sites discussed on the previous page.
- Eligible seniors (60 and over) who are home bound or otherwise unable to attend the on-site Senior Meal Sites can receive a meal a day by delivery.
- Meals are delivered by volunteers Monday - Friday with extra meals for the weekend given out on Fridays. The meals are free, but there is a suggested donation of \$4.25, if able.
- Real Services offers nine different specialty diets if necessary (diabetic, renal, etc.)
- If individuals are assessed as needing additional assistance, Real Services can gain access to funds provided by Medicare to help further supplement diets.
- Seniors must have a residence in St. Joseph County.
- Call or visit Real Services to sign up:
 - Address: 1151 S Michigan St, South Bend, IN 46601
 - Contact: (574) 256-1649, MOW@realservices.org
 - Website: <https://realservices.org/meals-and-nutrition/home-delivered-meals/>

Senior Farmers Market Nutrition Program

Program Overview

- The Senior Farmers Market Nutrition Program (SFMNP) is state-funded and aims to provide funds to be used for locally grown produce at approved farmers markets and farm stands.
- At the start of each summer, each qualified participant (60 and up) receives funds through their mobile device or a check to be used at the approved locations.

Contact Information

- To find out if you are eligible to participate in this program, call Real Services.
 - Address: 1151 S. Michigan Street, South Bend, IN 46601
 - Tiffany Love - Phone: (574) 248-7160
 - Website: <https://realservices.org/meals-and-nutrition/>

Senior Nutrition Program

Program Overview

- The Food Bank of Northern Indiana offers a program for people who live in low-income senior housing complexes to receive a box of supplemental shelf-stable food each month.
- This program is separate from the CSFP.
- Volunteers deliver boxes directly to the residence.
- Call to see if your residence is eligible.

Contact Information

- To find out if you are eligible to participate in this program, call or visit the Food Bank of Northern Indiana.
 - Address: 702 Chapin St, South Bend, IN 46601
 - Phone: (574) 232-9986 ext. 129
 - Website: <https://feedindiana.org/programs/senior-nutrition-program>

Food Pantry Delivery

- Seniors or others who are homebound/without means to travel can also take advantage of local food pantries with delivery services. Pantries listed here are also included in the pantries on pages 12-14.
- Qualified recipients can utilize a pantry every thirty days.
- Pantries:
 - [Clay Church Firehouse Campus](#):
 - Address: 17646 Cleveland Road, South Bend, IN 46635
 - Contact: (574) 272-8068
 - Serves St. Joseph County residents.
 - Open Mon 12:00 pm - 3:00 pm and Th 9:00 am - 12:00 pm.
 - [St. Vincent de Paul Society Center](#):
 - Address: 520 Crescent Avenue, South Bend, IN 46617
 - Contact: (574) 234-6000 option 1
 - Serves St. Joseph County residents.
 - Call during the following times to set up delivery:
M-Th 10:00 am - 2:00 pm.

Women, Infants, and Children Program (WIC)

What is WIC?

- WIC is a nutrition program that provides services for women and their young children as well as funds for purchasing supplemental nutritious food through an eWIC card that is loaded with money each month and can be used at approved locations. Enrollees also receive food packages with specific supplemental foods.
- In addition to providing food assistance, WIC offers access to nutrition and breastfeeding education and can refer enrollees to other social services.

What are the requirements?

- WIC serves women and children who are Indiana residents.
- Recipients must be one of the following:
pregnant women, breast feeding women up to baby's 1st birthday, non-breast-feeding postpartum women up to 6 months after baby's birth, infants up to 1st birthday, and children up to 5 years.
- Recipients must be "at nutritional risk" which is determined by a healthcare professional during the WIC pre-application appointment.
- Recipients who qualify for Medicaid, SNAP or TANF (see pg. 3 and 4) automatically meet income limits. Those who do not qualify must meet the limits provided in the adjacent table.

Number in Household	Annual Income Limit	Monthly Income Limit	Weekly Income Limit
1	\$28,953	\$2,413	\$557
2	\$39,128	\$3,261	\$753
3	\$49,303	\$4,109	\$949
4	\$59,478	\$4,957	\$1,144
5	\$69,953	\$5,805	\$1,340
6	\$79,828	\$6,653	\$1,536
7	\$90,003	\$7,501	\$1,731
8	\$100,178	\$8,349	\$1,927
Every Additional	+ \$10,175	+ \$848	+ \$196
If pregnant, mother counts as two			

How can I sign up for WIC?

- Visit the WIC website (<https://www.in.gov/health/wic/home/>) to use their screening tool to see if you apply and to find hours for the WIC clinics.
- If you apply, call or visit one of the four WIC clinics in St. Joseph County to set up the pre-application health evaluation to determine eligibility.
- WIC Clinic Locations:
 - Mishawaka: 201 Lincolnway West Mishawaka, IN 46544 | (574) 647-2175
 - South Bend: 325 N. Lafayette Blvd South Bend, IN 46601 | (574) 647-2100
 - Southeast Neighborhood Center: 405 E. Dubail Ave South Bend, IN | (574) 393-9658
 - North Liberty: 300 South Main Street North Liberty, IN 46554 | (574) 647-2175

WIC Farmers Market Nutrition Program (FMNP)

What is WIC FMNP?

- WIC FMNP is an additional program to the WIC program that aims to provide funds and access to locally grown produce at approved farmers markets and farm stands.
- When applying for WIC, ask about enrolling in the FMNP program.
- Enrollment in the WIC FMNP provides funds through a mobile device or check at the start of each summer to purchase goods from local farmers.
- Funds may only be used to buy fresh produce including fruits, vegetables, and herbs.
- Produce can be purchased only from approved WIC FMNP vendors that will display a sign denoting them. WIC clinics will receive and distribute a list of approved vendors at the start of each summer.
- Website: <https://www.fns.usda.gov/fmnp/wic-farmers-market-nutrition-program>



St. Margaret's House

- Day center available for women and children facing economic or nutritional poverty. Meals, immediate assistance, and other social services are available.
- Hot breakfast and lunch are served daily M-F.
- Showers and bathtubs, toiletries, computers, and clothing are all available.
- Open Monday through Friday 10:00 am to 3:00 pm.
- Address: 117 N Lafayette Blvd, South Bend, IN 46601
- Phone: (574) 234-7795 Email: info@stmargarethouse.org
- Website: <https://stmargarethouse.org/>

School Backpack Programs

Food Bank of Northern Indiana - Food 4 Kids

- The Food Bank of Northern Indiana operates a program called Food 4 Kids where students enrolled in participating schools will receive a discreet bag of nutritious food that's kid-friendly, shelf-stable, and ready-to-eat with little or no cooking.
- The program is designed for students in the K-6 grades and is active in 45+ schools in the area.
- Children are generally identified by school administrators and teachers who coordinate with the Food Bank of Northern Indiana. If your child is not already receiving a bag, ask your school administrator if your school and child are eligible.
- Website: <https://feedindiana.org/programs/food-4-kids-backpack-program>

Cultivate Student Backpack Program

- Cultivate Food Rescue is an organization located in St. Joseph County that acquires donated food from local vendors and restaurants and repurposes the food into nutritious frozen meals that can be warmed up in a microwave.
- Cultivate Food Rescue operates a program that provides students with meals over the weekend to help meet the nutritional needs of children who usually rely on school lunches for part of their regular food.
- Each student that is identified as needing assistance receives a backpack at the end of the week with six total meals: two breakfasts and four lunch/dinners containing a protein, a starch, and a fruit or vegetable.
- Students are usually identified by school administrators or teachers who then coordinate with Cultivate to ensure that they have a backpack.
- If you have a child enrolled at one of the schools listed below not already receiving a backpack and would like them to receive one, reach out to the school administration and they will coordinate with Cultivate.
- St. Joseph County Participating Schools:

Career Academy
Charles Martin Youth Center
Clay Church Pantry
Clay International Academy
Coquillard Elementary
Darden Elementary
Goodwill Excel Center
Grissom Middle School
Hannah's House
Harrison Elementary

Health Linc
Ivy Tech South Bend
Kroc Center
LaVille Elementary School
Lifeline
Madison STEAM Academy
McKinley Elementary
Monroe Primary Center
Navarre Middle School
Notre Dame Graduate School

Nuner Fine Art Academy
Paramount School of Excellence
Resurrection Lutheran Academy
SALT Program
SBCSC Adult Education
St. Adalbert's Elementary
St. Joseph County Public Library
Warren Primary Center
Washington High School
Wilson Primary Center

Website: <https://cultivatefoodrescue.com/backpack-program/>

Local Food Pantries

General Food Pantry Guidelines

- Below is a list of several food pantries in St. Joseph County.
- Requirements may vary among pantries, always bring a photo ID and proof of address (ex. mail) when visiting a food pantry.
- Pantries may limit their patrons by zip codes, call ahead to verify your eligibility.
- Tip: when planning to visit a pantry for the first time, call the ahead of your arrival to verify requirements for that specific location.
- For the most updated list of participating Food Pantries and Soup Kitchens, go to <https://feedindiana.org/food-pantries>.

Name of Pantry	Address	Phone Number	Information/Requirements
Berean Community Service	601 Colfax Ave., South Bend, IN 46601	(574) 234-2784	For all St. Joseph County residents. Open first and third Thursday: 3pm-5pm
Broadway Christian Parish Food Pantry and Soup Kitchen	1412 Carroll St, South Bend, IN 46613	(574) 289-0333	Serves St. Joseph County residents. Open Tue - Thu 8:30 am - 10:30 am. Breakfast Mon-Thu 8am-10am
Catholic Charities West Region Office	1817 Miami St, South Bend, IN 46613	(574) 234-3111	Serves St. Joseph County residents. Open Wed 10am-12pm and 5pm-7pm.
Christian Community Food Pantry	625 Roosevelt Rd, Walkerton, IN 46574	(574) 586-9210	Open to residents in 46574 zip code. Open third Tuesday 11:30am-1:30pm and 5:30pm-6:45pm
Clay Church Firehouse Campus	17646 Cleveland Rd, South Bend, IN 46635	(574) 272-8068	Serves St. Joseph County residents. Open Mon 12pm-3pm and Th 9am-12pm. Can also call for deliveries.
Community Food Pantry of St. Joseph County	702 Chapin St, South Bend, IN 46601	(574) 232-9986	Serves all St. Joseph County once a month. Open Mon and Fri 9am-4pm and Wed 10am-6pm. Bring proof of name and address.
Emmaus Lutheran Church Food Pantry	929 E. Milton St. South Bend, IN 46613	(773) 910-5530	Serves residents in 46613 zip code. Tuesday 5pm- 7p; by appointment only Bring proof of name and address.

Local Food Pantries

Name of Pantry	Address	Phone Number	Information/Requirements
Faith Baptist Church	923 Blaine Ave, South Bend, IN 46616	(574) 233-6428	For residents of 46601, 46616, and 46628 zip codes. Open 3pm-5pm every Tue except the first of the month.
First Brethren Church of South Bend	4909 S Ironwood Dr, South Bend, IN 46614	(574) 291-4909	Open to all St. Joseph County residents. Open 1st and 3rd Fri of month 10am-12pm.
Downtown Pantry First United Methodist Church	333 N Main St, South Bend, IN 46601	(574) 233-9463 x574	Serves all St. Joseph County residents. Tuesday 10am-1pm
God's Grace Food Pantry Layman Chapel	303 S Kenmore St, South Bend, IN 46619	(574) 344-8295	Serves the 46619 zip code. Second and fourth Saturday 11am-1pm
Hope for the Hungry Food Pantry	1007 Portage Ave South Bend, IN 46628	(574) 514-6308	Serves. St. Joseph Co residents. Third Saturday 11am-1pm
Kingdom Life Christian Cathedral	707 Sherman Ave, South Bend, IN 46616	(574) 246-9110	All residents of St. Joseph Co., First and Third Wednesday 11am-1pm; Saturday 11am-1pm
MAC Pantry, Albright United Methodist Church	504 W. Mishawaka Ave Mishawaka, IN 46545	(574) 259-1975	Serves zip codes: 46544, 46545, 46530, and 46561. Tuesday 6pm-7:30pm; Friday 10am 11:30am
Mishawaka Food Pantry and Soup Kitchen	315 Lincolnway West Mishawaka, IN 46544	(574) 220-6213	Food pantry serves zip codes: 46530, 46544, 46545, and 46561. M-F 10am-2pm. Soup Kitchen, no restrictions. W and Th: 10:30am-1:30pm
Monroe Circle Community Center	526 Western Ave South Bend, IN 46601	(574) 287-4259	Serves 46601 residents. Second Sat. 9am-11am Fourth Tues. 9am-11am

Local Food Pantries

Name of Pantry	Address	Phone Number	Information/Requirements
Needs for Neighbors Food Pantry/ Praise Fellowship SDA Church	54301 Maple Lane South Bend, IN 46635	(574) 271-7378	Serves all residents of St. Joseph Co. ID required. Last Wed. 5:30pm-7pm.
New Carlisle Community Food Pantry	300 Compton St. New Carlisle, IN 46552	(574) 654-3344	Serves St. Joseph Co and LaPorte Co residents. Friday 10am-12pm
Osceola United Methodist Church	431 N Beech Rd, Osceola, IN 46561	(574) 679-4435	Open the third Saturday of the month 11am-1pm. Serves all St. Joseph County residents.
Portage Township Food Pantry	340 Columbia St. South Bend, IN 46614	(574) 233-2144	Tuesdays from 1pm-3pm
River Park United Methodist Church Food Pantry	920 S. 23 rd Street South Bend, IN 46615	(574) 288-6243	Serves 46615 zip code. Wed. and Sat. 10am-12pm
Salvation Army of South Bend Walter A. Meyer Food Pantry	900 W. Western Ave South Bend, IN 46601	(574) 233-9471	Resident in St. Joseph Co. Mon., Tues, Fri. 9am-12pm
St. Paul Bethel Baptist Food Pantry	621 Lindsey Street South Bend, IN 46616	(574) 288-6667	Serves residents of St. Joseph Co. First and third Thursday: 10am-1pm
St. Vincent de Paul Society of St. Joseph County	520 Crescent Ave, South Bend, IN 46617	(574) 234-6000 x1	Serves zip codes: 46601 and 46617 in pantry. All other St. Joe Co delivered. Pantry Hours: T and Th: 10am-2-pm. Call for delivery; allow up to five days
Sunnyside Presbyterian Church	115 S. Francis St South Bend, IN 46617	(574) 287-1524	Serves residents of St. Joseph Co. M and Th: 9:30am-11:30am; Closed major holidays and Monday after Easter
West Side Church of Christ	22987 Edison Rd South Bend, IN 46628	(574) 234-3866	Serves Residents of St. Joseph Co. Third Sat: 9am-10:30am

Local Soup Kitchens and Meal Locations

General Soup Kitchen/Meal Location Guidelines

- Below is a list of several soup kitchens or meal locations in St. Joseph County.
- Requirements may vary among pantries, always bring a photo ID and proof of address (ex. mail) when visiting a food pantry.
- Tip: when planning to visit a pantry for the first time, call the ahead of your arrival to verify requirements for that specific location.
- For the most updated list of participating Food Pantries and Soup Kitchens, go to <https://feedindiana.org/food-pantries>.

Name	Address	Phone Number	Information/Requirements
Broadway Christian Parish Food Pantry and Soup Kitchen	1412 Carroll St, South Bend, IN 46613	(574) 289-0333	Serves St. Joseph County residents. Open Tue - Thu 8:30 am - 10:30 am. Breakfast Mon-Thu 8am-10am
Hope Ministries	432 S Lafayette Blvd, South Bend, IN 46601	(574) 235-4250	Serves St. Joseph Co resident. Soup Kitchen open daily. Lunch: 11am-12:30pm Dinner: 6pm-7:30pm
Mishawaka Food Pantry and Soup Kitchen	315 Lincolnway West Mishawaka, IN 46544	(574) 220-6213	Food pantry serves zip codes: 46530, 46544, 46545, and 46561. M-F 10am-2pm. Soup Kitchen, no restrictions. W and Th: 10:30am-1:30pm
Our Lady of the Road	744 S Main St, South Bend, IN 46601	(574) 334-7387	Open every other evening for dinner
St Augustine Catholic Church	1501 W Washington St, South Bend, IN 46628	(574) 234-6334	Serves residents of St. Joseph Co. Mon, Wed, Fri: 11am-12:30pm
St. Margaret's House Soup Kitchen	117 S. Francis St. South Bend, IN 46617	(574) 234-7795	Serves Women and Children in St. Joseph Co. M-F: 10am-3pm
St. Michael and All Angels Episcopal Church	53720 N Ironwood Rd, South Bend, IN 46635	(574) 243-0632	Serves residents of St. Joseph Co Third Sat: 11am-1pm

Unity Gardens

Program Overview

- Unity Gardens is an organization focused on providing education and access to fresh produce grown in gardens across South Bend.
- All gardens are free pick, meaning anyone can come in and take the fresh produce being grown.
- Patrons are encouraged to get involved with the gardening process as well.
- The main flagship garden is located at 3701 Prast Boulevard, South Bend IN 46628 and can be contacted at (574) 315-4361.
- Website: <http://www.theunitygardens.org/>
- There are satellite gardens throughout the community. Addresses are listed below but may vary in size and quantity of produce available for picking.

Name of Location	Location Address	Contact
Marshall County Unity Garden	1305 West Harrison St, Plymouth	574-780-6294
Miami Village Unity Garden	1817 Miami Street, South Bend	574-234-3111
Monroe Park Unity Garden	601 Carroll St., South Bend	574-386-3216
Field of Dreams	NW Corner of Angela BLVD and SR933, South Bend	574-315-3843- text only
Wabash Grove Unity Garden	2116 Wabash St., South Bend	574-344-3385
Marshall Traditional School Unity Garden	1433 Byron Dr, South Bend	574-229-2167
Eddy Street Unity Garden	317 S. Eddy Street, South Bend	574-323-4280
Jewish Federation Unity Garden	3202 Shalom Way, South Bend	574-233-1164
McKinley School Growing Champions	228 N Greenlawn Ave, South Bend	574 283-8570
Saint Michael Family Garden	53720 Ironwood Drive, South Bend	574-298-4987
St Peter's UCC Unity Garden	915 N Ironwood, South Bend	574-340-8292
Chapin Park Unity Garden	632 Portage Ave, South Bend	614-800-2070
Bread of Life	6770 Michigan Rd, Plymouth	574-936-1006
IU Medical Unity Garden	1234 N Notre Dame Ave, South Bend	317-760-9555
Madison Square Unity Garden	1230 E Madison Street, South Bend	574-315-6542
Zion Unity Garden	224 E. Jefferson Blvd, South Bend	574-309-6820
Clay Church Unity Garden	17646 Cleveland Rd, South Bend	574-220-6454
Clay International Academy Unity Garden	52900 Lily Rd., South Bend	574-393-4334
Youth Service Bureau Unity Garden	411 Caterina St, South Bend	307-899-4985
West LaSalle Unity Garden	501 W. LaSalle, South Bend	574-520-8444
Navarre School Unity Garden	4702 Ford St, South Bend	574-309-0245
Ducomb Unity Garden	4161 Lanthrop St, South Bend	574-236-2122 ext. 6934
Lakeville Garden	621 Sunset Dr, Lakeville	574-307-4181
North Liberty Unity Garden	105 East Market Street, North Liberty	574-656-3664
Broadway Unity Garden	1412 Carroll St., South Bend	219-243-0167
South Bend Mutual Homes	1002 Oak St, South Bend	574-334-3948
Success Academy Unity Garden	3408 Ardmore Trail, South Bend	574-807-1406
Far Northwest Unity Garden	1833 N Johnson St, South Bend	574-318-9289
Grace United	3012 S Twyckenham Dr, South Bend	574-288-4789

Unity Gardens

Walkerton Unity Garden	406 Adams St, Walkerton	574-279-0177
Butterfly Garden at Cathedral St. James	117 N Lafayette Blvd, South Bend	574-232-4837
Coquillard	1245 N Sheridan, Suth Bend	773-255-7170
First Presbyterian Garden	413 W Colfax Ave, South Bend	574-234-4159
Indiana Health Center Bendix	1010 N Bendix Dr, South Bend	574-240-757
Kroc Center Unity Garden	900 W Western Ave, South Bend	574-213-8923
LaSalle Square	3701 Prast Blvd, South Bend	574-222-2266
Living Stones commUNITY Garden	718 Donmoyer Ave, South Bend	574-261-6450
McKinley Terrace Unity Garden	3227 Sorin St, South Bend	574-276-3601
Osceola Neighborhood Unity Garden	117 N Olive St, South Bend	574-302-6455
Prince of Peace Unity Garden	53105 N Ironwood Rd, South Bend	574-210-5097
Reflections Counseling	3220 E Jefferson Blvd, South Bend	574-222-2466
River Bend Cancer Center	3516 E Jefferson Blvd, South Bend	574-287-4197

For the most updated list of community gardens, go to
<https://www.theunitygardens.org/gardens.html>.

Other Resources

Additional Resources in St. Joseph County

- Community Health Workers:

- St. Joseph County Public Health Department has a team of community health workers dedicated to meeting the needs of the community.
- Contact them to get more information on other social services and navigation of the food assistance network outlined in this booklet.
- Website: www.in.gov/localhealth/stjosephcounty/Community-Health-Workers/
- Phone Number: (574) 235-9750

- Linden Avenue Farmers Market

- The City of South Bend conducts a summer farmers market with many different local suppliers and aims to provide low-cost alternatives for fresh produce.
- Location: MLK Dream Center (1522 Linden Ave, South Bend, IN 46628).
 - Dates from June to October are posted in the Spring before opening at the following website: www.southbendin.gov/food-security/

- St. Joseph Public Library

- Offers resources for people with disabilities; early childhood; education; food, cash, & Transportation Assistance; and more!
- Location: 304 S. Main St. South Bend, IN 46601
- Phone: 574-282-4646, Website: <https://sjcpl.org/services-resources/>

Additional Resources in Neighboring Areas

- National Database with Assistance by Zip Code:

- FindHelp.org
- Communitycompass.app

- Statewide Database with Assistance by Zip Code:

- In211.communityos.org
- mi211.org

- Resources for Indiana and Michigan Residents:

- <https://www.in.gov/dwd/job-seekers/other-assistance-programs/>
- <https://www.in.gov/ihcda/homeowners-and-renters/low-income-home-energy-assistance-program-liheap>
- IndianaHousingNow.org
- Linktohopemarshallcountyin.com/resources (Marshall County Residents)
- Arcmi.org/resource-center/public-benefits/ (Michigan Residents)
- <https://www.michigan.gov/mdhhs/assistance-programs>
- <https://www.indianamichiganpower.com/account/bills/pay/assistance/Michigan>

Get Involved

Volunteer Opportunities

- Most organizations, pantries, and other resources in this booklet welcome volunteer help. Connect via the phone numbers or websites listed with each organization to inquire about volunteering.
- Organizations that always need volunteers:
 - Cultivate Food Rescue: cultivatefoodrescue.com
 - Food Bank of Northern Indiana: feedindiana.org
 - Real Services: realservices.org

